

P.A. Day Camp

Information Guide



About Camp

P.A. Day Camps at Riverwood are a unique and dynamic, single day nature camp for children who have completed grades 1 through 6. Our approach encourages growth in children's well-being, confidence, creativity and love of nature. We are intentional about building a fun, inclusive and supportive camp community.

Campers' well-being, learning and fun are supported by a 6:1 camper to staff/volunteer ratio allowing kids to go at their own pace. Campers will not be separated by age but will be permitted to group together based on shared interests.

- Acceptable photo identification includes a driver's license, government issued I.D., or passport.
- Written permission from a parent/guardian on paper or by email is needed to release children to any other adult.

Names listed on camper's registration forms must match photo I.D. exactly. For example, if the name on the registration is "Darion O'Dell", the photo I.D. must have the name "Darion O'Dell", not "Darion O'Dell-Smith".

How to Prepare for the Outdoors

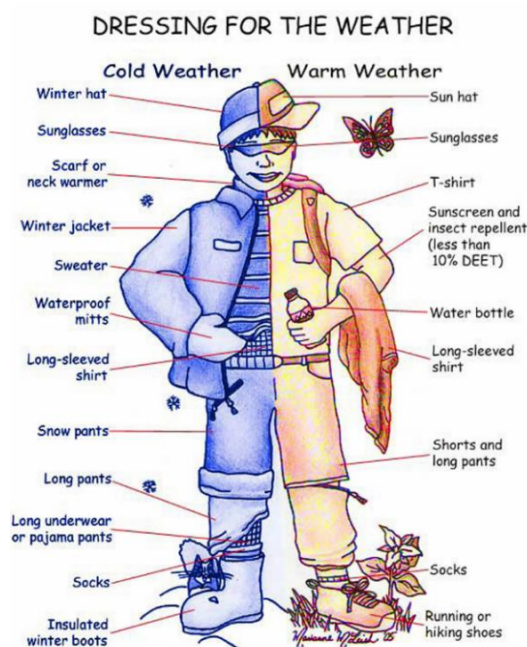


Illustration by the Toronto District School Board

Camper Drop-Off

- Park in the Visitor Parking near Chappell House (4300 Riverwood Park Lane).
- Drop off will be at the Chappell House front entrance
- Campers must be accompanied by an adult until they are checked in.
- Please drop-off no more than 5 minutes early so programming can start on-time.

Camper Pick-Up & I.D. Authorization

- Adults must park at Visitor Parking and walk to Chappell House to pick up their camper. Children cannot sign themselves into or out of camp.
- Children will be released only to adults listed as parents/guardians or emergency contacts.
- Adults must present valid government-issued identification for The Riverwood Conservancy to release the child into their care.

What kids should bring

In addition to weather-appropriate clothing, (appropriate shoes, sun protection, etc.), please bring a nut-free lunch, snacks, reusable water bottle and a pair of indoor shoes.

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Food and Allergy Safety

Please read food labels carefully to **avoid sending foods that may contain nuts/traces of nuts** with your child. Food that does not comply with our policy will be kept in your camper's lunch to enjoy at home.

EPI-PENS/Puffers/Inhalers

Campers who have been prescribed an EpiPen, puffer or inhaler MUST bring and carry it with them each day of the program. Campers who arrive without their prescribed medication, or with expired medication, cannot be admitted to camp.

If your child is prone to anaphylaxis and may need an EpiPen administered in an emergency, we require that you complete and submit an [Anaphylaxis Emergency Plan](#). Please email the completed form to info@theriverwoodconservancy.org or submit it to the counsellor when you drop off your child.

Pesky Plants and Pests

Riverwood, like all outdoor areas, has some pests and plants that should be avoided. While Camp staff are trained to recognise and avoid these risks, exposure is still possible. Please follow the tips below for the best experience outdoors:

- Come to camp fragrance free – insects are attracted to fragrances. Wear an insect repellent if desired.
- Campers should not touch any plants without permission from Camp staff. Plants like poison ivy can cause an itchy rash.
- Be tick smart. Wash clothing at the end of each day. Check body for ticks daily. If you find one, remove it with tweezers, place it in a bag, and seek medical attention if a rash develops. Ticks

can pass on diseases to people including Lyme Disease. For further information, please visit ontario.ca/page/outdoor-health.

Frequently Asked Questions

What do you do during a hazardous weather event like extreme cold, heat, high wind or thunderstorms?

Safety of our campers is always the top priority. Program is adjusted to the weather conditions of the day but in the event of extreme weather, camp activities will take place inside Chappell House.

What if I am late dropping off my child?

If you are late, please bring your child to The Riverwood Conservancy's Main Office located at Chappell House (4300 Riverwood Park Lane). Staff will contact the Camp Director who can send a Camp Leader or Volunteer to pick up your child and join the group.

What if I am late to pick up my child?

Your child will be supervised in Chappell House. Please note we are strictly unable to provide care beyond 4:00 pm; kindly make alternate pick-up arrangements with your emergency contacts listed on the registration form if you are unable to pick up your camper by 4 pm. Note that late fees will be charged after 3:30 pm.

Who do I contact if I need to speak with my child or camp staff during camp hours?

Between 9:00am and 3:30 pm, please call The Riverwood Conservancy's main office at 905-279-5878. They will help you get in touch with your child or camp staff or confirm details if you or your emergency contact need to pick up your child early.

For other inquiries, please contact TRC staff through info@theriverwoodconservancy.org, or the Camp Director at

Liz.Jankowski@theriverwoodconservancy.org.